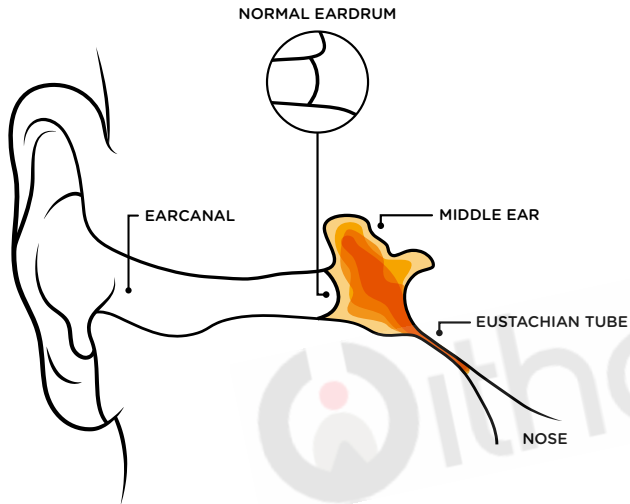**Otovent**

FIGHT GLUE EAR WITH A BLOW

EAR DISCOMFORT IS A FAMILY AFFAIR

Many parents have the wearying experience from having a child with poor hearing and recurrent ear infections.

In a healthy ear, the pressure is equalized by swallowing or yawning. However, sometimes these actions do not help, and a negative pressure will build up in the middle ear. Left untreated the child can develop glue ear.

NORMAL EARDRUM

EARCANAL

MIDDLE EAR

EUSTACHIAN TUBE

NOSE

If the Eustachian tube becomes blocked, a negative pressure develops in the middle ear. After some time, the middle ear fills up with a gluey secretion, pulling the eardrum inward. One sign of this is often a hearing impairment.

WHAT IS GLUE EAR?

The ear is divided into three parts: the outer ear canal, the middle ear space (where the infections occur) and the inner ear where the nerves and balance center are located. A thin eardrum (the tympanic membrane) divides the outer ear from the middle ear. The middle ear is also connected to the back of the nose via the Eustachian tube.

Glue ear or Otitis Media with Effusion (OME)

If the Eustachian tube becomes blocked – usually due to a common cold – the middle ear will fill with fluid rather than air. After a while this fluid can become thick and glue like. With glue ear your child will not be able to hear properly. Glue ear is very common, as many as 8 out of 10 children will experience it at least once before they are 10 years old.

OTOVENT® METHOD

The Otovent® method is a clinically proven first-line treatment option to help avoid the surgical insertion of tubes into the eardrum. It is a non surgical, drug free treatment for glue ear, and has been recommended by ENT specialists for the last 20 years.

The child inflates a small balloon using their nose, and at the same time equalises the pressure and relieves the symptoms in the middle ear. Blowing up the balloon helps to open up the Eustachian tube, making it easier for fluid to drain from the middle ear.

Children can use Otovent at home under parental supervision. It is painless, harmless and takes only a matter of seconds to perform. Otovent should be used 2–3 times daily until all the fluid has been drained away.

"OTOVENT WORKED WONDERS WITH OUR 6-YEAR-OLD´S EAR DISCOMFORT! GETTING THAT INSTANT RELIEF HAS MEANT THE WORLD TO US."

Jenny Senelius

"Having two sons with repeated ear infections has been the story of our family life for more than 10 years. One of my sons had surgery and the other keeps having infections every time he gets a cold. The doctors are reluctant to prescribe antibiotics and I personally don´t like my six year old taking it.

Recently we had the same old problem of increased tension in our youngest sons ear and we decided to try Otovent, a method recommended by our doctor. The experience was very positive and relief was both quick and obvious after having used Otovent a couple of times. I would highly recommend Otovent to others in our situation as it is a simple method that can avoid many sleepless nights – and hopefully future surgery."

Share your Otovent experience on our Facebook page!

HOW TO USE OTOVENT

1. Connect the balloon to the nose piece. Hold the round part of the nose piece firmly against the right nostril with the right hand. Press the left nostril closed with the left hand.

2. Inhale deeply, close the mouth and inflate the balloon until it is the size of a grapefruit, by blowing through the nostril.

3. Repeat the procedure with the left nostril.

You will know that the treatment works if your child experiences a pressure increase and/or a "click" in the ear.

Note! Maximum 20 inflations per balloon.

Scan the QR code with your phone to view our instruction film or visit otovent.se

ABIGO Medical AB is a Swedish pharmaceutical company that develop and produce pharmaceuticals and medical device products. Otovent® can be purchased over the counter at your local pharmacy. If it is not in stock they can order it in within 24 hours.